

*\* places limited \* advance booking essential \**

# Benefits Of Flower Essences

7:30 p.m. Wednesday 5th February 2020

## Cockenzie House

a talk on the benefits of Flower Essences for  
emotional well-being

*Talk*

Cockenzie House, 32 Edinburgh Road,  
PRESTONPANS, East Lothian EH32 0HY

*£10*

[enquiries@shimmeringwings.co.uk](mailto:enquiries@shimmeringwings.co.uk)



*Maria Doherty*

[www.facebook.com/empoweringsensitivechildren](https://www.facebook.com/empoweringsensitivechildren)

**Maria Doherty** flower essences practitioner

Find out how flower essences can help with:

- \* self-esteem \* confidence \* energy \* fears
- \* worries \* change *and much more*

[www.shimmeringwings.co.uk/events](http://www.shimmeringwings.co.uk/events)

*£10* includes one bespoke essence bottle

